

## 3D evaluation of the effect of disinfectants on dimensional accuracy and stability of two elastomeric impression materials

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The aim of this study was to determine and compare the dimensional changes of polyether and vinyl polyether siloxane impression materials under immersion disinfection with two different disinfectants in three time periods. Impressions were obtained from an edentulous master model. Sodium hypochlorite (5.25%) and glutaraldehyde (2%) were used for disinfection and measurements were done 30 min later after making impression before disinfection, after required disinfection period (10 min), and after 24 h storage at room temperature. Impressions were scanned using 3D scanner with 10 microns accuracy and 3D software was used to evaluate the dimensional changes with superimpositioning. Positive and negative deviations were calculated and compared with master model. There was no significant difference between two elastomeric impression materials ( $p>0.05$ ). It was concluded that dimensional accuracy and stability of two impression materials were excellent and similar.

**Keywords:** Dimensional stability, Dimensional accuracy, Polyether, Vinyl polyether silicone, 3D scanning

### INTRODUCTION

Dental impression exposed to infected saliva and blood is a challenging factor for cross contamination<sup>1-5</sup>. Microorganisms can survive on impression surface and can be transferred to the laboratory<sup>1,4,6</sup>. Therefore impressions have to be disinfected after removal from mouth before pouring cast<sup>1-3,7</sup>. Disinfection procedure should be proper because it is important for dimensional stability of impression materials<sup>8-12</sup>.

Reversible and irreversible hydrocolloids, polyethers, and some additional silicone materials are more hydrophilic than other types of impressions and are more suspect to dimensional changes when exposed to solutions<sup>13,14</sup>. Some studies<sup>15-17</sup> have shown that immersion disinfectants clinically have irrelevant effect even on hydrophilic materials however, other studies<sup>12,16,18</sup> have indicated that the dimensional stability of hydrophilic materials is adversely affected by immersion. Currently elastomeric impression materials are recommended to be disinfected by immersion<sup>1,6,10,13,14</sup> because it ensures that all of the surfaces of the impression come in contact with the disinfectant solution<sup>19,20</sup>.

Chemical disinfectants can be broadly classified into three categories<sup>20</sup>: high-level glutaraldehyde (GA), intermediate sodium hypochlorite (NaOCl) and low level chlorhexidin<sup>21</sup>. GA (2%) and NaOCl (0.5%) are commonly used disinfectants for elastomeric impression materials<sup>9-11,19,22,23</sup>. Many studies have been carried out to find the effect of disinfection procedures on the dimensional stability of elastomeric impression materials<sup>1,5,6,10</sup> and some studies used full arch

casts<sup>23-26</sup> while others studied on a die or disc shaped samples<sup>1,5,13,27,28</sup>. The recommended exposure time for the most surface disinfectants is less than 30 min (for immersion)<sup>13</sup> and approximately 10–15 min without affecting the accuracy<sup>10,13,14</sup>.

Elastomeric impression materials are commonly preferred because of their good physical properties<sup>29,32</sup>. Two widely used elastomeric impressions are vinyl polysiloxane (also called addition silicone, VPS) and polyether (PE)<sup>33,34</sup>.

Vinyl polyether silicones (VPES) are introduced as new generation elastomeric impression materials with good mechanical and flow properties and the advantages of improved dimensional accuracy, surface reproduction and hydrophilicity<sup>29,33</sup>. And also enhancement of hydrophilicity may influence the accuracy of impressions<sup>33</sup>. These impression materials are combination of PE and VPS<sup>29,35,36</sup>. The VPES manufacturer data sheet indicates that PE comprises 5% to 20% of the total composition to enhance the hydrophilicity of the material, thus making a final impression more successful where humidity is a concern<sup>35,36</sup>.

VPS and PE impression materials are used to produce final impressions for edentulous patients. VPS and PE impression materials both have excellent dimensional stability<sup>35</sup>.

Different measuring techniques used in determining dimensional changes after disinfection. Some studies use travelling microscope<sup>19,20,32,37,38</sup> with various accuracy ( $\pm 0.001$  to  $\pm 0.005$  mm), Pandita *et al.*<sup>29</sup> were utilized 3D laser scanner and Hiraguchi *et al.*<sup>13</sup> were used laser scan micrometer, also digital caliper was also used in the study of Amin *et al.*<sup>5</sup>.

Color figures can be viewed in the online issue, which is available at J-STAGE.

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However all dimensional accuracy measurements with these measuring techniques are aimed to determine linear dimensional change, the distance between two points. In this study it is intended to measure dimensional change in whole model surface area with 3D software.

The purpose of this study was to determine the effect of two disinfectant agents, 5.25% NaOCl and 2% GA on dimensional accuracy and stability of two elastomeric impression materials, VPES and PE.

The null hypothesis was that there would be no significant difference in dimensional stability and accuracy between VPES and PE impressions treated with two different disinfectants.

### MATERIALS AND METHODS

An impression was made from edentulous lower jaw model (Frasaco, Tettang, Germany) using C-Silicone putty impression paste (Optosil, Heraeus Kulzer, Hanau, Germany). Otopolymerizing acrylic resin (Meliodent self curing, Heraeus Kulzer) was poured into the impression and waited for completion of polymerization. Acrylic resin model was sent to the laboratory to construct the edentulous arch area where the impression was making from chromium-cobalt alloy to prevent abrasion and dimensional changes of resin master model due to multiple impressions. Four holes 1.5 mm in diameter were drilled on the top surface of alveolar ridge of the model, two at the canine areas and two at the molar areas, to serve as landmarks (Fig. 1). PE (Impregum Soft Monophase, 3M ESPE, Neuss, Germany) and vinyl polyether siloxane (EXA'lence 370 monophase, GC America, Alsip, IL, USA) impression materials were used. Fifteen impressions were obtained for each impression material for each measurement. At the sum 180 measurements were done.

Custom trays were prepared from light cured acrylic resin (Major Prodotti Dentari, Moncalire, Italy). PE adhesive (3M ESPE) for PE impressions and VPS adhesive for VPES impressions (3M ESPE) were applied inside the custom trays and allowed for dry. An assembly

was arranged for stabilizing the model while making impressions. 2.5 kilograms constant weight was seated on the tray to ensure standard pressure for leakage of excess material (Fig. 2). Impression materials were mixed using automatic dispensing and mixing systems. Setting time was two times longer than the time recommended by the manufacturer to compensate for impression fabrication at room temperature, 23°C instead of mouth temperature and all impressions were mixed and stored at 23°C<sup>10,13</sup>. After setting was completed impressions were removed from model and rinsed 10 s under tap water for simulating the clinical situation for avoiding blood and saliva. Then impressions were remained for air dry (Fig. 3).

Two disinfection solutions; 2% GA (Steranios, Anios Laboratoires, Hellemmes, France) and 5.25% NaOCl (Aklar Kimya, Ankara, Turkey) were used in this study.

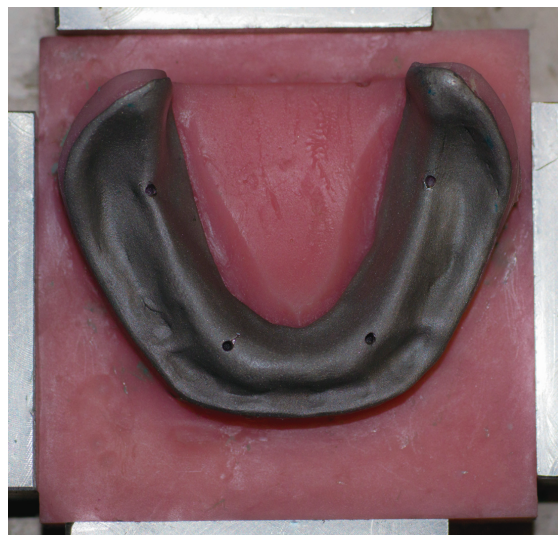


Fig. 1 Master model used for impressions with 4 landmarks (two at the canine areas and two at the molar areas) on alveolar ridge area.

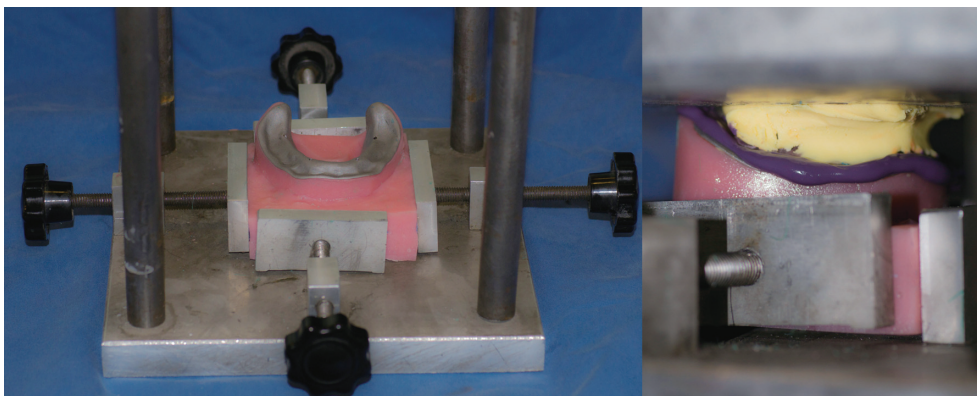


Fig. 2 Assembly prepared for stabilizing the model while making impressions.

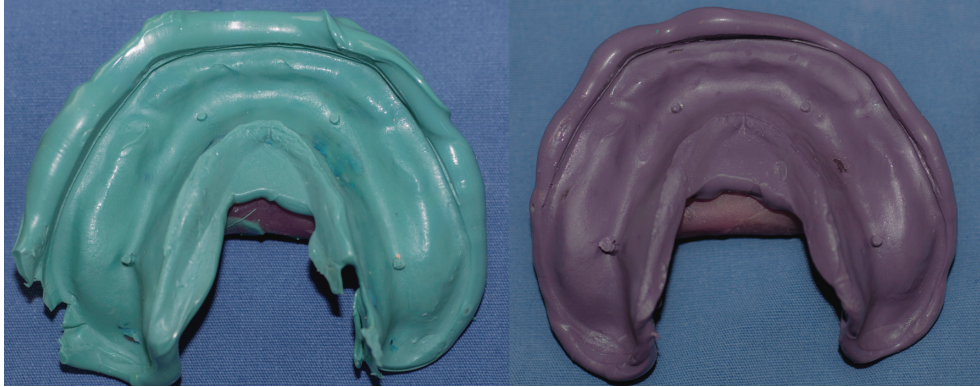


Fig. 3 Impressions of polyether and vinyl polyether siloxane.

Immersion technique was applied for 10 min in a tank according to the manufacturers.

Measurement of impressions were completed at 3 intervals; 30 min later after making impression before disinfection (T1: measurement time), after required disinfection period (10 min) (T2), and after 24 h storage at room temperature (T3). Fifteen impressions were repeated from both impression materials for each interval and for two disinfectants. After disinfection impressions were again rinsed 10 s under tap water to remove residues from disinfectants and allow for air dry.

Master model and impressions were scanned by a 3D scanner (SmartOptics Activity 880, smart optics Sensortechnik, Bochum, Germany) with 10 microns accuracy for measurement of dimensional changes. Scanned impressions were transferred to a software (VirtualGrid, Vr-Mesh Studio, Bellevue, WA, USA) in a personal computer.

Comparisons were made with superposing the four holes on 3D images of master model and impression materials. Holes in the master model which were transferred to the impression materials were served as landmarks in canine and molar area on alveolar ridge. These holes were used for superposition of the images accurately. Surface matchings were completed and the deviation area percentages were calculated.

## RESULTS

The results were evaluated depends on three variables; impression materials, disinfection solutions and measurement times. Surface area deviations of two impression materials were evaluated according to the master model in software. Positive and negative deviation areas were evaluated at the 60–120, 120–180, 180–240, 240–300 microns intervals. Deviations at 0–60 microns intervals were not evaluated because dimensional changes of impression materials at these intervals were accepted as similar to master model. Deviation intervals were determined with different colors between red and blue for each interval. Above and

below 300 microns were ignored and defined as yellow in the figures. Red color tones indicated positive deviations toward the tray and marked as (+) sign, blue color tones indicated negative deviation vice versa and indicated as (–) sign.

Deviation values of each group at every 60 microns interval were analyzed by statistical method of One-way Analysis of Variance (ANOVA). These deviation values were evaluated at 4 intervals for positive deviations and 4 intervals for negative deviations between different groups and statistical mean ranks were obtained. Values for positive and negative deviations were indicated in Tables 1 and 2, respectively.

According to the statistical analysis it was found that there was not any time dependent differences for both impression materials immersed in two disinfection materials.

However, VPES impression material was found to be more accurate than PE according to the master model in terms of positive deviation before disinfection at 120–180 micron interval (Table 1).

Positive deviations for both PE and VPES impression materials were seen in the posterior alveolar crest region and negative deviations were seen in retromylohyoid area (Figs. 4 and 5).

## DISCUSSION

Dimensional accuracy and stability are important for final impression of edentulous arches<sup>39,40</sup>. Two popular impression materials, PE and VPES were used to evaluate in terms of dimensional change when subjected to the most used disinfection solutions, GA (2%) and NaOCl (5.25%) with immersion method in this study. Area deviation percentages of impression surfaces were compared the developing method of 3D optic scanner with surface superimposition. Scanned master model and impressions with 3 time periods; non disinfected impressions (before disinfection), immersion after 10 min and 24 h later after immersion were measured. Fifteen impressions for both PE and VPES were evaluated.

3D optic scanner was used to compare dimensional



Table 1 Comparison of VPES and PE impression materials treated with GA and NaOCl disinfection materials under 3 different time periods (T1; 30 min later after making impression before disinfection, T2; after 10 min disinfection period, T3; after 24 h storage at room temperature) and four positive deviation intervals ( $\mu$ ) using One-way ANOVA

Intervals ( $\mu$ ) time periods	Impression material/ Disinfectant	One-way ANOVA test							
		<i>n</i>	Mean	Median	Min	Max	SD	F	<i>p</i>
240–300 T1	PE/GA group	15	0.62	0.5	0.03	1.31	0.37	0.505	0.68
	PE/NaOCl group	15	0.56	0.57	0.08	1.4	0.39		
	VPES/GA group	15	0.73	0.53	0	2.05	0.61		
	VPES/NaOCl group	15	0.55	0.53	0.02	1.44	0.37		
	Total	60	0.61	0.53	0	2.05	0.44		
240–300 T2	PE/GA group	15	0.87	0.72	0.11	1.48	0.46	0.789	0.505
	PE/NaOCl group	15	0.7	0.61	0.17	1.82	0.46		
	VPES/GA group	15	0.92	1.06	0.04	2.22	0.59		
	VPES/NaOCl group	15	0.69	0.55	0.1	1.74	0.5		
	Total	60	0.79	0.67	0.04	2.22	0.5		
240–300 T3	PE/GA group	15	0.71	0.6	0.01	1.66	0.6	0.737	0.534
	PE/NaOCl group	15	0.58	0.38	0.09	1.72	0.5		
	VPES/GA group	15	0.87	0.81	0.01	2.05	0.59		
	VPES/NaOCl group	15	0.68	0.57	0.05	1.45	0.48		
	Total	60	0.71	0.6	0.01	2.05	0.54		
180–240 T1	PE/GA group	15	0.86	0.64	0.09	1.81	0.61	0.746	0.529
	PE/NaOCl group	15	0.75	0.67	0.12	1.4	0.35		
	VPES/GA group	15	0.91	0.64	0.05	3.59	1.08		
	VPES/NaOCl group	15	0.57	0.49	0.09	1.3	0.35		
	Total	60	0.77	0.62	0.05	3.59	0.66		
180–240 T2	PE/GA group	15	1.22	1.38	0.45	1.96	0.53	0.768	0.517
	PE/NaOCl group	15	1.19	1.28	0.46	1.77	0.39		
	VPES/GA group	15	1.23	1.19	0.29	2.99	0.66		
	VPES/NaOCl group	15	0.97	0.96	0.3	1.93	0.52		
	Total	60	1.15	1.12	0.29	2.99	0.53		
180–240 T3	PE/GA group	15	1.03	0.82	0.09	1.98	0.69	1.219	0.311
	PE/NaOCl group	15	0.83	0.64	0.05	1.5	0.47		
	VPES/GA group	15	1.22	1.09	0.11	2.38	0.67		
	VPES/NaOCl group	15	0.97	1.04	0.2	1.83	0.42		
	Total	60	1.01	0.96	0.05	2.38	0.58		
120–180 T1	PE/GA group	15	0.99	0.69	0.09	3.91	1.05	0.379	0.768
	PE/NaOCl group	15	0.87	0.84	0.03	1.62	0.56		
	VPES/GA group	15	1.28	0.77	0.02	6.15	1.59		
	VPES/NaOCl group	15	1.05	0.69	0.01	3.09	0.86		
	Total	60	1.05	0.79	0.01	6.15	1.07		
120–180 T2	PE/GA group	15	1.6	1.48	0.6	2.58	0.68	0.585	0.627
	PE/NaOCl group	15	1.52	1.44	0.71	3.42	0.7		
	VPES/GA group	15	1.85	1.69	0.6	4.95	0.99		
	VPES/NaOCl group	15	1.73	1.69	0.94	2.5	0.49		
	Total	60	1.68	1.65	0.6	4.95	0.73		
120–180 T3	PE/GA group	15	1.5	1.53	0.4	2.63	0.71	1.51	0.222
	PE/NaOCl group	15	1.53	1.7	0.76	2.47	0.59		
	VPES/GA group	15	1.99	1.48	1.01	4.3	0.99		
	VPES/NaOCl group	15	1.9	1.66	0.84	4.06	0.81		
	Total	60	1.73	1.55	0.4	4.3	0.8		
60–120 T1	PE/GA group	15	3.79	3.53	2.07	6.57	1.4	0.981	0.408
	PE/NaOCl group	15	3.5	3.38	1.44	6.17	1.21		
	VPES/GA group	15	4.17	3.85	1.7	8.22	1.67		
	VPES/NaOCl group	15	4.26	4.11	2.51	6.07	1.18		
	Total	60	3.93	3.72	1.44	8.22	1.38		
60–120 T2	PE/GA group	15	3.69	2.79	2.27	7.52	1.6	0.591	0.624
	PE/NaOCl group	15	4.19	3.4	2.46	8.52	1.7		
	VPES/GA group	15	4.53	3.62	2.64	9.94	2.14		
	VPES/NaOCl group	15	4.06	3.44	2.3	6.57	1.5		
	Total	60	4.12	3.46	2.27	9.94	1.73		
60–120 T3	PE/GA group	15	3.87	3.6	2.23	6.82	1.29	1.871	0.145
	PE/NaOCl group	15	3.69	3.24	2.43	6.89	1.4		
	VPES/GA group	15	5.22	3.84	2.37	12	3.18		
	VPES/NaOCl group	15	3.9	3.37	2.24	6.22	1.53		
	Total	60	4.17	3.61	2.23	12	2.05		

Positive surface deviations of impression materials were compared according to the master model (Statistical significance level, 0.05).

No statistical differences were found.

Table 2 Comparison of VPES and PE impression materials treated with GA and NaOCl disinfection materials under 3 different time periods (T1; 30 min later after making impression before disinfection, T2; after 10 min disinfection period, T3; after 24 h storage at room temperature) and four negative deviation intervals ( $\mu$ ) using One-way ANOVA

Intervals	Impression material/ Disinfectant	One-way ANOVA test							
		<i>n</i>	Mean	Median	Min	Max	SD	F	<i>p</i>
60–120 T1	PE/GA group	15	11.11	11.35	8.87	13.25	1.26	0.394	0.758
	PE/NaOCl group	15	11.35	11.4	10.44	13.08	0.7		
	VPES/GA group	15	11.11	11.8	7.42	13.66	1.61		
	VPES/NaOCl group	15	11.54	11.54	8.79	14.22	1.45		
	Total	60	11.28	11.42	7.42	14.22	1.28		
60–120 T2	PE/GA group	15	11.78	11.67	9.94	13.73	1.01	0.721	0.544
	PE/NaOCl group	15	11.1	11.61	7.75	12.46	1.26		
	VPES/GA group	15	11.77	12.01	7.68	16.56	2.39		
	VPES/NaOCl group	15	11.37	11.57	9.04	12.57	0.95		
	Total	60	11.51	11.68	7.68	16.56	1.51		
60–120 T3	PE/GA group	15	12.31	11.37	9.73	21.76	3.03	2.143	0.105
	PE/NaOCl group	15	11.67	11.66	10.31	13.36	0.96		
	VPES/GA group	15	12.98	11.67	7.7	21.51	3.48		
	VPES/NaOCl group	15	10.63	11.18	3.7	14.62	2.43		
	Total	60	11.9	11.48	3.7	21.76	2.73		
120–180 T1	PE/GA group	15	3.59	3.41	2.12	5.58	0.97	3.929	0.013
	PE/NaOCl group	15	4.15	3.92	2.7	5.92	0.97		
	VPES/GA group	15	3.1	3.09	1.08	4.52	0.9		
	VPES/NaOCl group	15	4.08	3.89	2.59	6.26	0.96		
	Total	60	3.73	3.71	1.08	6.26	1.02		
120–180 T2	PE/GA group	15	5.35	5.73	3.4	7.37	1.22	0.774	0.514
	PE/NaOCl group	15	4.92	5.11	2.25	6.85	1.24		
	VPES/GA group	15	5.19	5.52	2	6.75	1.36		
	VPES/NaOCl group	15	5.55	5.61	4.01	7.55	0.84		
	Total	60	5.25	5.49	2	7.55	1.17		
120–180 T3	PE/GA group	15	5.64	6.04	3.02	6.9	1.21	1.332	0.273
	PE/NaOCl group	15	5.43	5.51	2.8	6.62	0.93		
	VPES/GA group	15	5.2	5.32	2.12	6.68	1.19		
	VPES/NaOCl group	15	4.79	5.07	1.99	6.73	1.48		
	Total	60	5.27	5.52	1.99	6.9	1.23		
180–240 T1	PE/GA group	15	1.35	1.3	0.15	3.1	0.89	1.938	0.134
	PE/NaOCl group	15	1.11	0.54	0.11	2.6	0.92		
	VPES/GA group	15	1.26	0.81	0.29	2.72	0.79		
	VPES/NaOCl group	15	1.98	1.86	0.29	6.26	1.54		
	Total	60	1.42	1.32	0.11	6.26	1.1		
180–240 T2	PE/GA group	15	2.16	2.25	1.39	3.32	0.61	0.997	0.401
	PE/NaOCl group	15	2.24	2.26	1.01	3.45	0.64		
	VPES/GA group	15	2.55	2.54	1.47	6.4	1.19		
	VPES/NaOCl group	15	2.55	2.42	1.55	3.55	0.54		
	Total	60	2.38	2.33	1.01	6.4	0.79		
180–240 T3	PE/GA group	15	2.44	2.52	1.47	3.27	0.57	0.966	0.415
	PE/NaOCl group	15	2.65	2.94	1.67	3.53	0.64		
	VPES/GA group	15	2.34	2.36	1.39	3.35	0.65		
	VPES/NaOCl group	15	2.33	2.15	1.6	3.38	0.54		
	Total	60	2.44	2.42	1.39	3.53	0.6		
240–300 T1	PE/GA group	15	0.99	1.17	0.06	2.19	0.6	0.943	0.426
	PE/NaOCl group	15	1.03	1.08	0	1.59	0.42		
	VPES/GA group	15	0.88	0.8	0.13	1.72	0.51		
	VPES/NaOCl group	15	1.23	1.52	0.02	2.64	0.79		
	Total	60	1.03	1.09	0	2.64	0.6		
240–300 T2	PE/GA group	15	1.26	1.34	0.49	2.06	0.5	0.681	0.568
	PE/NaOCl group	15	1.11	0.97	0.55	1.83	0.4		
	VPES/GA group	15	1.43	1.38	0.61	3.46	0.85		
	VPES/NaOCl group	15	1.26	1.24	0.31	2.15	0.6		
	Total	60	1.27	1.21	0.31	3.46	0.61		
240–300 T3	PE/GA group	15	1.17	1.03	0.28	2.55	0.61	0.933	0.431
	PE/NaOCl group	15	1.37	1.24	0.66	2.18	0.46		
	VPES/GA group	15	1.48	1.64	0.35	2.11	0.51		
	VPES/NaOCl group	15	1.27	1.21	0.55	2.13	0.54		
	Total	60	1.32	1.25	0.28	2.55	0.53		

Negative surface deviations of impression materials were compared according to the master model. (Statistical significance level, 0.05).

A statistically significant difference was found at 120–180 micron interval in T1 time period ( $p < 0.05$ ).

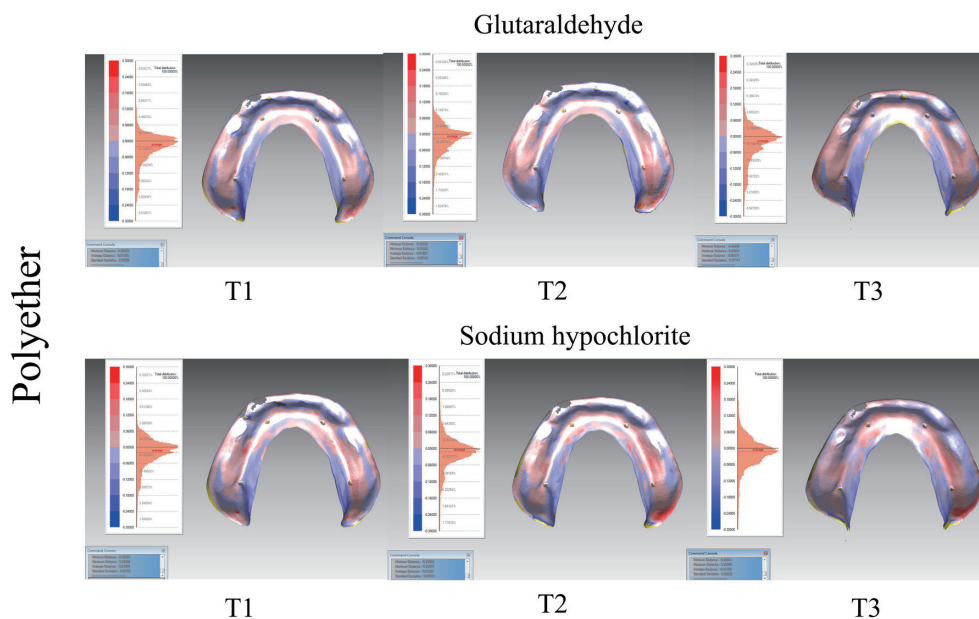


Fig. 4 Positive and negative deviations for PE impression material. T1, T2 and T3 measurement times with hypochlorite and GA disinfection, from left to right, respectively.

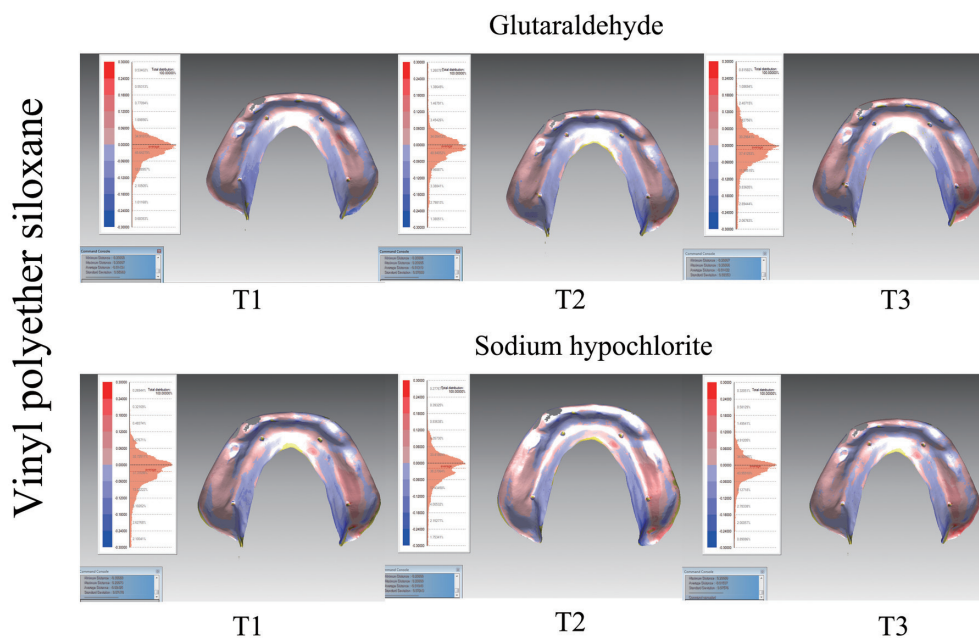


Fig. 5 Positive and negative deviations for VPES impression material. T1, T2 and T3 measurement times with hypochlorite and GA disinfection, from left to right, respectively.

changes with 10 microns accuracy in this study. Technical improvements in 3D imaging procedures enable a direct digitalization of impression negatives<sup>38</sup>. It is an advantageous method for assessing the dimensional accuracy and stability of impressions than other two dimensional methods<sup>36,38,41</sup> because it is a quick, non-

contact procedure with no physical invasion of the object and also time saving<sup>42</sup>. Dimensional changes occur in three dimensions. So that it might be a more reliable method for measuring dimensional changes and 3D scanning digitizers provide greater precision and 3D analysis. And also software programs help to eliminate

subjective errors depends on the operator. However sharp line angles and undercuts or transparent and reflective materials could be difficult to scan and need to apply matte white coat over the the object. And also it is more expensive than the other mechanical measuring techniques<sup>38,41</sup>. These may be counted as challenging factors for 3D optic scanners.

Most of the studies<sup>5,8,15,32,35</sup> measured the dimensional accuracy between selected points on model especially at canine and first molar regions. The length between selected points were compared among models in two dimensions and concluded as differences between distances or percentages. In the present study, four holes were also created at canine and first molar positions and these holes were used for superposing the whole impression surfaces in 3D software. Percentage of surface area deviation values were obtained using 3D scanning method with superposing the images.

Shah *et al.*<sup>38</sup> and Kurtulmuş-Yılmaz *et al.*<sup>43</sup> were used 3D superimpositional data for measuring dimensional accuracy as similar with this present study.

Master models in studies were varied. Some studies<sup>15,20,35,38,44</sup> used metal arch shaped models and the others used disc shaped models or dies<sup>28,32,45,46</sup>. To simulate the edentulous mandibular ridge, metal arch shaped model was chosen in this study similar with other studies.

Another variable that might influence the dimensional accuracy and stability of impressions is tray selection. Some studies used self cured acrylic resin or light cured acrylic (VLC)<sup>15,39</sup> trays<sup>47</sup> and others used metal stock trays<sup>48</sup>. Schaefer *et al.*<sup>34</sup> declared that modified stock trays contribute dimensional accuracy with well fitting and limiting unintended flow of material. Custom trays ensure the uniformity of the impression material so that the dimensional changes due to excess and thick material might be decreased. As a matter of fact that custom trays ensure uniform and optimum material thickness, increase dimensional accuracy and decrease deformation<sup>49</sup>. Brosky *et al.*<sup>41</sup> declared that the dimensional stability of an elastomeric impression material was optimal when custom-made acrylic resin impression tray was used. In a review of Petropoulos and Rashedi<sup>39</sup> it was concluded that custom trays (both acrylic and VLC) were mostly used for final impression of edentulous arches. And also standardized tray positioning with a constant force is clinically advisable but not generally practicable<sup>34,48</sup>. Guiraldo *et al.*<sup>50</sup> and Carvalhal *et al.*<sup>11</sup> made impressions with a pressure of 2 kgf to allow for leakage of excess material. In this present study, a custom made light cured acrylic resin trays were used and a 2.5 kg constant weight was seated on the tray to ensure standard pressure and uniform distribution of impression materials. Thus, subjective errors might be excluded. On the contrary, it could be argued that metal trays are rigid and dimensionally more stable than acrylic trays<sup>48</sup>. It is determined that acrylic trays tend to absorb and expand in humidity so that dimensional change of trays should be kept in mind when evaluating the dimensional accuracy and stability

of impression materials<sup>8</sup>. Piwowarczyk *et al.*<sup>48</sup> declared that deformation of the impression materials was eliminated by using a rigid impression tray and they removed the tray in a specific force in vertical dimension. Custom VLC impression trays were prepared for impressions in this study. The deformation effect of tray might be negligible in this study because all impressions compared together in the same conditions.

Dimensional accuracy and stability could be measured directly from impressions<sup>8,28</sup> or from stone casts obtained from impressions. Due to the difficulty to scan or measure the dimensional accuracy from the impression, most of the studies used stone cast in their studies<sup>8,43,34,51,52</sup>. Measuring impressions may have advantages over measurements done from stone casts<sup>8</sup> because besides the dimensional change of impression material, dimensional behavior of dental stone has to be taken into consideration when measurements done from stone cast models. So that comparison of dimensional changes between impression materials might be carried out on impressions. Martin *et al.*<sup>28</sup> evaluated direct measurement of the impression material, without the need to pour a cast. Dimensional changes were evaluated directly from scanning the impression materials in this study.

Dimensional accuracy and stability of impression materials are crucial factors for successive treatment steps<sup>48</sup>. It is known that dimensional stability of VPS and PE impression materials are excellent<sup>35,51,53</sup>. However Shah *et al.*<sup>38</sup> and Faria *et al.*<sup>49</sup> declared that PE were more accurate than VPS. And also in the study of Petrie *et al.*<sup>32</sup> even hydrophilic VPS materials were used on moist or wet surfaces, an acceptable impression could not always obtain. VPES materials composed of PE and VPS materials, which protect their properties with the advantages of both materials. PE component counteracted the dimensional contraction of VPES with increasing moisture absorption and reduced silica content<sup>8,29,35,45</sup>. Due to the greater properties of PE over VPS, PE impression material was compared with a newly introduced impression material VPES in terms of dimensional accuracy and stability under two different disinfection materials in this study.

There are controversions about disinfection impact on impression materials or stone casts. Some of the studies concluded a significant effect of disinfection solution not only depends on water absorption but also chemical interactions. However some studies declared that there is no significant effect on impression dimensional accuracy. Walker *et al.*<sup>45</sup> stated in their study that NaOCl (0.5%) had an adverse effect on PE impression surface. And also it was seen that PE significantly expanded when disinfected with NaOCl. Besides there was not any significant change in VPS dimensional stability after disinfection. Amin *et al.*<sup>5</sup> used 0.5% hypochlorite and it caused smaller dimensional change than that of 2% GA in the additional silicone impression material. Previous investigations showed that the least dimensional change was occurred when GA used<sup>1,10</sup> Sinobad *et al.*<sup>10</sup> were used GA and 5.25%



NaOCl for immersion of impression materials to evaluated the dimensional accuracy and stability of additional silicones and condensation silicones on impressions. It was concluded that 5.25% concentration of NaOCl caused significant dimensional changes for both impression materials.

In this present study, dimensional stability of VPES and PE impression materials were found similar under immersion with 2% GA and 5.25% NaOCl disinfection materials.

Dimensional changes according to the disinfection were also evaluated in terms of measurement times in different studies. Nassar *et al.*<sup>35)</sup> were evaluated the dimensional stability of PE, VPS and VPES impression materials with immersion disinfection of GA (2.5%) at four pouring time periods (immediate, 1 day, 1 week and 2 weeks). Measurements were done on stone casts and distances between selected areas (two canine and two first molar) using digital micrometer and found that VPS or PE measurements were similar with VPES impression. For all measuring times dimensional stability was found similar and it was indicating that the VPES material was accurate and dimensionally stable. Kronström *et al.*<sup>44)</sup> were studied on dimensional accuracy of three elastomeric impression materials under two disinfection methods and different times (disinfection by spray for 10 min and disinfection by immersion for 90 min) and results of cross arch and anteroposterior die measurements using measuring microscope were found similar. They reported that neither disinfection method nor the disinfection time affected the dimensional stability and accuracy. Five different brands of addition-type silicone were immersed in two different disinfectants for 30 min and 24 h in the study of Hiraguchi *et al.*<sup>13)</sup> and diameter of the casts were measured using a laser scan micrometer. They concluded that the type of disinfectant did not affect the dimensional changes in immersion disinfection. Carvalho *et al.*<sup>11)</sup> evaluated the immersion times on different elastomeric impression materials. It was observed that VPS and PE impression materials showed no significant differences when immersed with 2% GA and 0.5% hypochlorite solutions at different immersion time intervals.

Using 2% GA can be safely recommended for 10 min of immersion disinfection without affecting the wettability of PE. In contrast, 5.25% phenol and 0.5% NaOCl should not be considered for immersion disinfection because it adversely affects the wettability of PE materials<sup>54)</sup>. However, Amin *et al.*<sup>5)</sup> recommended 10 min immersion disinfection with 0.5% NaOCl for additional cured silicones.

In the present study, immersion time was selected as 10 min both for NaOCl and GA disinfection materials, which recommended in the literatures and it was seen that this short immersion time did not affect the dimensional accuracy and stability of PE and VPES impression materials. However, Thouati *et al.*<sup>46)</sup> used additional silicones and PEs disinfected with 5.25% NaOCl disinfectant solution for 30 min and found that there were statistically significant dimensional

variations.

Measurements were done using 3D method dissimilar with the studies above done with 2D measurements. Impression surfaces directly scanned with optic scanner and compared with master model. Dimensional changes were determined at every 60 microns intervals because optic scanner used in this study had 10 microns standard deviation. Deviations between impression materials under two disinfectants at every interval were compared in itself. Deviations at 0–60 micron intervals were not evaluated because dimensional changes of impression materials were so close to master model at these intervals.

Impression dimensional accuracy under changing conditions such as angulated implant analogs, different impression materials and techniques were evaluated and it was concluded that there was a discrepancy of 50 microns even if impression was good<sup>44)</sup>.

Statistically there were no dimensional changes for impression materials under two disinfectants at different time periods. However, small differences were recorded between PE and VPES at 120–180 micron intervals. VPES were found more accurate than PE comparing with the master model before disinfection. This difference was ignored when thought that the other intervals were statistically similar to each other.

Independent from the measuring method the results of this study were similar with the results of other studies about elastomeric impression materials.

The limitations of this study were about making impressions and their removal which were not the same as impressions in clinical practice. Master model and conditions were not resembled the resiliency of oral tissues. Saliva and soft tissues were eliminated with using metal model and neglected in this study.

## CONCLUSION

According to the results of this research dimensional accuracy and stability of two elastomeric impression materials PE and VPES are similar when immersed in two different disinfectants. Short measurement time period (maximum 24 h) for impression materials may not cause the dimensional changes. It can be concluded that both impression materials are excellent and similar.

Further clinical studies need to carry out to simulate oral environment.

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